

2024 Hurricane Taekwondo Cup

Carrollwood Day School 1515 W Bears Ave Tampa, FL 33613

Doors open 8am & Competition begins at 9am

SCHEDULE OF EVENTS

8:00 AM

CREDENTIAL PICK UP

Receive Competition Tag, purchase boards, and prepare for competition.

REFEREE MEETING

8:30 AM

COACH'S MEETING

9:00 AM

OPENING CEREMONY / NATIONAL ATHEM

SPECIAL TAEKWONDO DEMONSTRATION

COMPETITION BEGINS – Competitors to Rings

MINI NINJA OBSTACLE COURSE COMPETITION – All belt under 7 years old

POOMSAE COMPETITION

- 1. WT Poomsae- Color Belt**
- 2. Open Poomsae- All Color Belt and Black Belt**
- 3. Black Belt- WT Poomsae- Hurricane Champion Trophy**
Koryo- Under 12-year-old
KeumGang- 13–16-year-old
TaeBaek- 17–30-year-old
Pyeong-won- 31-year-old and up
- 4. Pair Poomsae- All Color Belt and Black Belt**
- 5. Team Poomsae- All Color Belt and Black Belt**

BOARD BREAKING COMPETITION - All Color Belt and Black Belt

- 1. Freestyle Board Breaking**
- 2. High Kick (TR Pad)- Medals & *Hurricane Champion™ Trophy***
- 3. Speed Kick (TR Pad)- Medals & *Hurricane Champion™ Trophy***
- 4. Power Kick (TR Shield)- Medals & *Hurricane Champion™ Trophy***

WEAPON COMPETITION - All Color Belt and Black Belt

12:00PM

LUNCH- The competition will continue throughout the day. Snacks will be available at the venue. Competitors chose their own lunch time and must prepare for the upcoming event. Rings and judges will have designated lunch time.

DEMONSTRATION COMPETITION- All Color Belt and Black Belt

- 1. Festive Demonstration**
- 2. World Class Demonstration**

SPARRING COMPETITION- All Color Belt and Black Belt