

# Hurricane Taekwondo Cup

## SCHEDULE OF EVENTS

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8:00 AM	<b>CREDENTIAL PICK UP</b> Receive Competition Tag, purchase boards, and prepare for competition.
	<b>REFEREE MEETING</b>
8:30 AM	<b>COACH'S MEETING</b>
9:00 AM	<b>OPENING CEREMONY / NATIONAL ATHEM</b>
	<b>COMPETITION BEGINS – Competitors to Rings</b>
	1. <u>MINI NINJA OBSTACLE COURSE COMPETITION</u> – All belt under 11 years old
	<u>POOMSAE COMPETITION</u>
	2. Black Belt- WT Poomsae- Hurricane Champion Belt <ul style="list-style-type: none"><li>• 1<sup>st</sup> Dan- Koryo</li><li>• 2<sup>nd</sup> Dan- KeumGang</li><li>• 3<sup>rd</sup> Dan- TaeBaek</li><li>• 4<sup>th</sup> Dan and up- Pyeong-won and Ship-jin</li></ul>
	3. WT Poomsae- Color Belt
	4. Open Poomsae- All Color Belt and Black Belt
	5. Pair Poomsae- All Color Belt and Black Belt
	6. Team Poomsae- All Color Belt and Black Belt
	<u>BOARD BREAKING COMPETITION</u> - All Color Belt and Black Belt
	7. High Kick- Medals & <i>Hurricane Champion™ Belt</i>
	8. Set Style Board Breaking
	9. Power Hand Break- Medals & <i>Hurricane Champion™ Belt</i>
	10. <u>WEAPON COMPETITION</u> - All Color Belt and Black Belt
	11. <u>DEMONSTRATION COMPETITION</u> - All Color Belt and Black Belt
12:00PM	<b>LUNCH</b> - The competition will continue throughout the day. Snacks will be available at the venue. Competitors chose their own lunch time and must prepare for the upcoming event. Rings and judges will have designated lunch time.
	12. <u>SPARRING COMPETITION</u> - All Color Belt and Black Belt
	13. <u>SPEED KICK</u> (TR Pad)- Medals & <i>Hurricane Champion™ Belt</i>